THE P.L.A.Y. FORMULA™

- Are you anxious, depressed, stressed out, overwhelmed or suffering from burnout?

- Do you feel out of control, confused or bombarded with too much information?

- Do you wish you could find the time, the money, the energy to "do what you love" and live a happier, healthier life, but it never happens?

If you've answered yes to any of the above questions your immune system will be adversely and severely affected.

The P.L.A.Y. Formula™ teaches you how to rapidly make healthier choices and to create a more juicy, delicious, magical, funnier life… right now!

To learn about special gifts and bonuses find us at:

www.ThePLAYFormula.com

Words of Praise for The P.L.A.Y. Formula™

"Just what the Doctors ordered as the most simple and enjoyable thing to do to boost your immune system and enhance your wellbeing...THIS BOOK IS FOR YOU." **Steve Bhaerman, aka Swami Beyondananda, co-author with Dr. Bruce Lipton of "Spontaneous Evolution: Our Positive Future and a Way to Get There from Here."**

"I read it from cover to cover… and I felt lighter and better about life, just reading each page. Many people will benefit from the wisdom, humor and strategies offered." **Dr. Janet Hranicky, co-creator of the Comprehensive Cancer Wellness Program. Pioneer in Psycho-neuro-immunology**

"This gem of a book can support you in moving from a pessimist to an optimist. From living a life of woe to a life of Wow!" **Jeff Hutner, Editor, New Paradigm Digest**

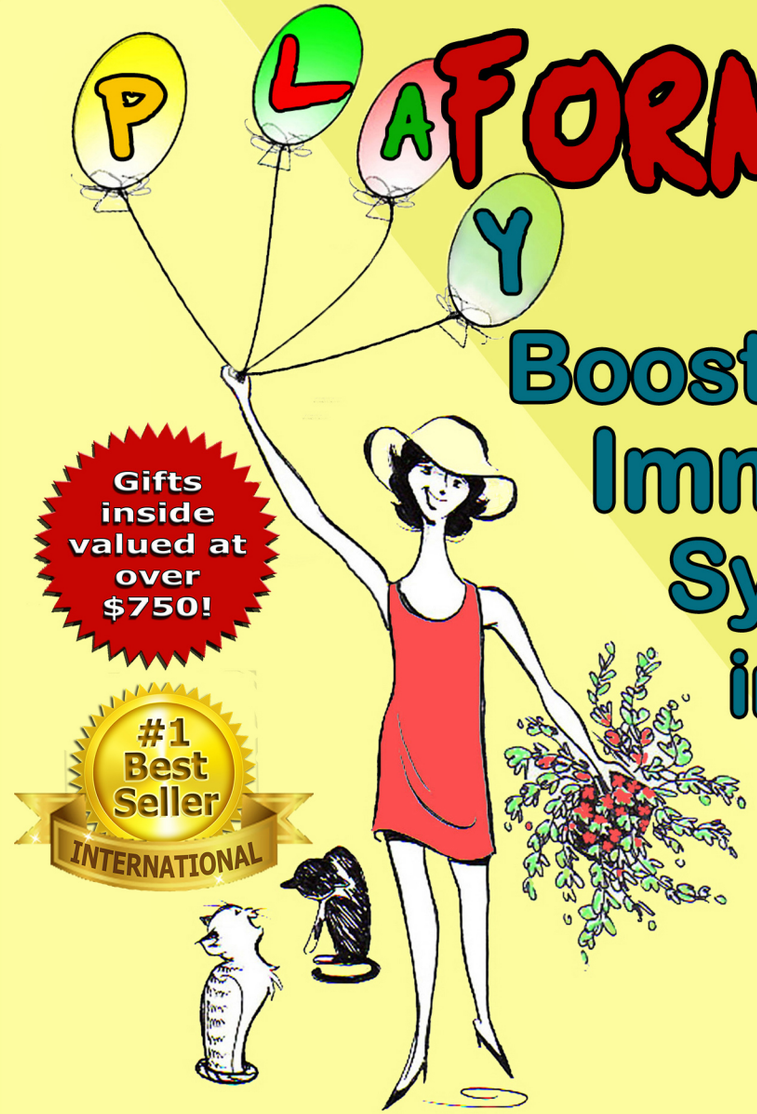
"Being more aware of the choices we make, and learning to make the right choices regarding our happiness and joy is a step in the right direction for a healthier life. For this goal, The P.L.A.Y. Formula can be incredibly valuable."
Dr. Brian King, comedian, psychologist, researcher, and national speaker for the Institute for Brain Potential

THE P.L.A.Y. FORMULA™

Drs. Susan and Julian Lange, OMD, L.Ac.

"Just what the doctors ordered!" - Swami Beyondananda

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Boost Your Immune System in Four Easy Steps

Drs. Susan and Julian Lange, OMD, L.Ac.